

GROWTH MINDSET YOGA



I am hard working.

WARRIOR I POSE



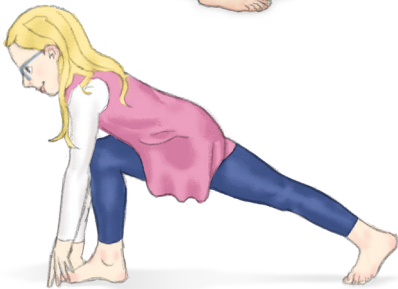
I am creative.

DANCER'S POSE



I am focused.

CHAIR POSE



I am open-minded.

LUNGE POSE



I am curious.

DOWNWARD-FACING DOG POSE